

Patient Resources

Living Independently with Vision Loss

“Is it difficult to read newspapers and price tags, set dials or manage glare? If so, resources and vision rehabilitation can help with tips about lighting, contrast, tools and techniques for living with low vision. Losing vision does not mean giving up your activities, but it does mean applying new ways of doing them.”

(From American Academy of Ophthalmology SmartSight™)

To Identify Services in Your Area

American Foundation for the Blind

1-800-232-5463

www.afb.org

Email: seniorsite@afb.net

Lighthouse International: Vision Connection

www.visionconnection.org

Veteran's Vision Rehabilitation Services

1-800-827-1000

Choose “information about VA Medical Care”

www.va.org

Resources of Tips and Solutions for Living with Vision Loss

- **AFB Senior Site®**
www.afb.org/seniorsite
- **AAO SmartSight**
www.ao.org/smartsight
Click on "handout"
- **Vision AWARE**
www.visionaware.org
Email: info@visionaware.org
- **MDSupport**
www.mdsupport.org
- **Talking books available free in each state**
www.loc.gov/nls
1-888-657-7323